

**Item 1: If non-profit, briefly explain the benefit fund:**

This event is in support of individuals with Charcot Marie Tooth (CMT) disorder. CMT is a slowly progressive neurological disorder causing pain, and loss of normal function and sensation in the hands / arms and feet / legs. Progression can lead to disability. My 21- year- old nephew Yohan along with 120,000 Americans (2.8 million worldwide) are affected by CMT. There is no cure for CMT at this time however this event will serve as a great forum to make a difference in the lives of those with CMT.

The goal of this event is to spread awareness with regards to CMT and to support the Charcot Marie Tooth Association's (CMTA) STAR program - Strategy to Accelerate Research - support treatment and eventually define a cure for CMT. Our core focus is to support the required research to cure CMT. We want individuals with CMT to enjoy and experience the activities that define Vermonters and our culture - the ability to bike, ski, ride, hike, walk etc. These activities are a challenge and may not even be possible for those with CMT.

**Item 2: Town Highways - Cycling Routes (all routes start and stop at the Old Lantern):**

**6 Mile Route (link: <http://mapq.st/1BthlVS>):** West on Ferry Rd, North on Lake Rd and South on Greenbush Rd.

**25 Mile Route (link: <http://mapq.st/1FKj20j>):** West on Ferry Rd, North on Lake Rd, to Bostwick Rd to Marsett Rd, to Irish Hill, South on Spear Street, North on Philo Rd, West on Hinesburg Rd to Church Hill Rd to Ferry Rd, South on Greenbush Rd.

**40 Mile Route (link: <http://mapq.st/1zPDYiP>):** West on Ferry Rd, North on Lake Rd, to Bostwick Rd to Marsett Rd, to Irish Hill, South on Spear Street, East on Charlotte / Hinesburg Rd, East on Mechanicsville Rd, to Richmond Rd, South on North Rd to Rt 116, West on Tyler Bridge Rd to Monkton Rd to Hollow Rd, North on Mt Philo Rd, West on Hinesburg Rd to Church Hill Rd to Ferry Rd, South on Greenbush Rd.

**Item 3: Safety Arrangements:**

All participant parking will be located at the Old Lantern in Charlotte Vermont. This event caters to cyclist and non-cyclists. I envision approximately 100 cyclists and 100 non-cyclists. Individuals who chose to cycle will select 1 of 3 routes (6.5 miles, 25 miles or 40 miles). This will be a rolling start in which individuals can conduct their ride anytime between the hours of 8:00 a.m. and 12:00 p.m. to allow for flexibility in addition to minimizing any potential impacts to automobile and pedestrian traffic. Traffic control would not be required. Given the relatively short cycling routes, this will be a non-supported ride with regards to food and water stations. Individuals will be required to identify their route upon arrival and will be required to check back in upon return to ensure that they are accounted for. All cyclists must wear helmets to

participate in this event. All cyclists will be debriefed on applicable Vermont Bicycle Laws and Safety prior to their ride ([www.thegmbc.com/VTBikeLaws.pdf](http://www.thegmbc.com/VTBikeLaws.pdf))

**Item 4: Event Map / Overview:**

**General Overview of Event – August 28, 2016:**

Event Time: 8:00 a.m. – 3:00 p.m.

Cycling Portion: 8:00 a.m. – 12:00 p.m.

After Cycling Portion of Event: 12:00 p.m. – 3:00 p.m. Includes food, music, speeches, spreading CMT awareness and opportunities to bid on silent auction items provided by local Vermont companies.